



**TOWNSHIP OF ESSA
HEALTHY, ACCESSIBLE COMMUNITY AND PARKS COMMITTEE
AGENDA**

THURSDAY OCTOBER 19, 2023 – 3:00 p.m. - ZOOM

1. OPENING OF THE MEETING

2. APPROVAL OF AGENDA

Recommendation: *Be it resolved that the agenda as presented be approved.*

3. DISCLOSURE OF PECUNIARY INTEREST

4. ADOPTION OF MINUTES OF PREVIOUS MEETING

Recommendation: *Be it resolved that the minutes of the Healthy, Accessible Community and Parks Committee from their meeting of July 20, 2023 be approved as circulated.*

5. BUSINESS ARISING FROM PREVIOUS MEETING / OUTSTANDING ITEMS

p. 1 5.1 Brochure – Update and approval

Recommendation: *Be it resolved that the HACP Brochure be approved as circulated.*

6. NEW BUSINESS

- 6.1 Simcoe Muskoka On the Move Initiative
 - Presentation by Chantele Mayer, SMDHU
- 6.2 Essa Public Library
 - Review of Programming
 - Review of Community Garden Initiative

7. CORRESPONDENCE / INFORMATION ITEMS

- 7.1 .Ontario Active School Travel
 - IWALK Month – October
- 7.2 880 Cities
 - September Newsletter

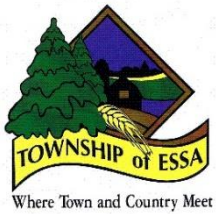
8. OTHER BUSINESS/ ROUND TABLE

9. ESTABLISH DATE AND TIME OF NEXT MEETING

9.1 Set date for next quarterly meeting.

10. ADJOURNMENT

Recommendation: *Be it resolved that this meeting of the Healthy, Accessible Community and Parks Committee of the Township of Essa adjourn at ____p.m.*



**TOWNSHIP OF ESSA
HEALTHY, ACCESSIBLE COMMUNITY AND PARKS COMMITTEE
MINUTES
THURSDAY JULY 20, 2023
Meeting Conducted via Zoom**

In Attendance:

**Cheryl Jackson, Chair
Patricia Foster, Member
Chantele Mayer, Member
Deputy Mayor Michael Smith, Member**

Staff:

**Sarah Corbett, Deputy Clerk, Secretary
Samuel Haniff, Manager of Planning
Baileigh White, Recreation Programmer/Booking Clerk
Lisa Lehr, Manager of Legislative Services**

1. OPENING OF THE MEETING

The Committee Chair, Cheryl Jackson, opened the meeting at 3:05 p.m.

2. APPROVAL OF AGENDA

Resolution No: HACPC04-2023 Moved by: Foster Seconded by: Smith

Be it resolved that the agenda as presented be approved.

----Carried-----

3. DISCLOSURE OF PECUNIARY INTEREST

None.

4. ADOPTION OF MINUTES OF PREVIOUS MEETING

Resolution No: HACPC05-2023 Moved by: Smith Seconded by: Foster

Be it resolved that the minutes of the Healthy Community Committee dated April 20, 2023, be received.

----Carried-----

5. BUSINESS ARISING FROM PREVIOUS MEETING / OUTSTANDING ITEMS

5.1 Farmers Market

The Committee was provided an update on the cancellation of Angus Farmers' Market for 2023.

5.2 Community Garden

The Committee was provided guidance on the process to move forward with a Community Garden. A memorandum will be drafted to the Manager of Parks and Recreation for inclusion in the 2024 Budget, for Council's consideration of approval.

6. NEW BUSINESS

6.1 Charged for Change

The Manager of Planning and Development, Samuel Haniff, provided the Committee with an overview of the Charged for Change Program and informed members of the proposed locations within the community. He advised that he will bring further information to the Committee as the project moves forward.

6.2 Splash Pad, Angus

Parks and Recreation Staff provided an update on the new location for the Angus Splash Pad at 191 Maplewood. It was commented that the Committee would have a chance to review and comment on the plans once they were available.

6.3 Pamphlet

The Committee had a discussion on the creation of literature to promote the HACPC Committee. Members will submit content to staff for creation. A draft will be brought forward at a future meeting for review and approval prior to dissemination of the pamphlet.

6.4 Terms of Reference

The Clerk, Lisa Lehr, provided the Committee with a summary of the creation, mandate, and objectives of the HACPC Committee. She outlined the roles of staff and the scope of responsibilities for the appointed members.

6.5 Procedural Review

The Deputy Clerk, Sarah Corbett, provided the Committee with a review of the Procedural By-law. She outlined key portions relevant to the Committee and advised that staff are available to assist and guide to ensure procedural compliance, and to answer questions the Committee may have.

7. CORRESPONDENCE / INFORMATION ITEMS

7.1 Email response from Mayor Macdonald to Resident dated June 6, 2023

Chair, Cheryl Jackson provided that this email was circulated to Committee members for information only.

8. OTHER BUSINESS/ ROUND TABLE

9. ESTABLISH DATE AND TIME OF NEXT MEETING

9.1 The next committee meeting is scheduled for Thursday October 19, 2023 at 3:00 p.m. via Zoom.

10. ADJOURNMENT

Resolution No: HACPC06-2023 Moved by: Foster Seconded by: Smith

Be it resolved that this meeting of the Healthy, Accessible Community and Parks Committee of the Township of Essa adjourn at 4:11 p.m.

----Carried----

Cheryl Jackson, Chair

Sarah Corbett, Deputy Clerk



Who are we

The Healthy, Accessible Community and Parks Committee is dedicated to advise and assist the Township in promoting and facilitating a barrier-free healthy community while improving the quality of life for all persons and promoting equal opportunity for citizens of all abilities.

What we do

The Healthy, Accessible Community and Parks Committee advocates, supports, identifies and makes recommendations to Council on behalf of our communities to encourage a healthy, barrier free Township.

How to reach us: Township of Essa HACP Committee

Phone

705-424-9917 ext. 116

Email

scorbett@essatownship.on.ca

Address

5786 County Road 21, Utopia ON

Website

www.essatownship.on.ca

Healthy
Accessible
Community
& Parks
Committee



Stay in
Touch!

Community Trails:

- Pine River Trail
- Rippon Trail
- Trans Canada Trail

Recreation Centres:

- Angus Recreation Centre
- Thornton Arena

Fishing Parks:

- Essa Centennial Park
- Angus Community Park
- Nottawasaga Fishing Park
- Don Ross Drive Park

Essa Public Library:

- Angus Branch
- Thornton Branch

Off Leash Dog Park

- Glen Eton / Wildflower Park
- Thornton Hills Soccer Park

Community Parks:

- Angus Community Park*
- Baxter Ball Bark
- Brownley Meadows Park
- Bob Geddes Park
- Earl Cunningham Park
- Cunningham Park
- Dellbrook Park
- Egbert Park
- Elmgrove Ball Park
- Glen Eton / Wildflower Park
- Maple Lane Park
- Marshall Park
- McGeroge Park
- Peacekeepers Park
- Robson Park
- Stonemount Park*
- Thornton Arena Ball Park*
- Thornton Creek Park
- Utopia Soccer Park
- Victoria Park

*Splash Pad



HACP Committee Promotes:

Eating Healthy:

- Farmers' Market
- Community Gardens
- Food Banks

Staying Active:

- Join Sports/Activities
- Trail Walking
- Cross Country Skiing
- Snowshoeing
- Skating/Hockey/Shinny
- Yoga
- Active Transportation
- Active School Travel

Getting Involved:

- Legion & Service Clubs
- Music
- Education
- 55+
- Church
- Sports Clubs
- Volunteer



Get Active!

Ontario Active School Travel



A program of Green Communities Canada

2 October 2023

IWALK Month Starts Today!

October in Canada may come with colder weather and cloudier days, but the fun outside doesn't have to stop! Create more excitement during the journey to school by celebrating [International Walk to School Month \(IWALK\)](#) all October long.

Students around the world are walking and wheeling to school.

Join the global movement!

LET'S WALK!
CELEBRATE
IWALK Month

Ontario Active School Travel

GET YOUR WALK ON

[IWALK](#) is celebrated by thousands of classrooms around the world, with the goal to encourage students to pursue active modes of transportation to school, such as walking, biking, and rolling. Visit our [webpage](#) for ideas and resources to help celebrate IWALK in your community.

Explore Resources

If you plan to participate in IWALK, we encourage you to track the school journey by participating in [Bike Walk Roll Week](#) as well!

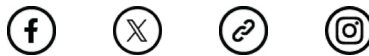
We can't wait to see you on the journey outside!

Your monthly roundup of news, tools, and events from the world of 8 80 Cities.

[View this email in your browser](#)



September Newsletter



Healthy Urban Policy Implementation Workshop - Copenhagen

We spent this past week in Copenhagen to host the Implementing Healthy Urban Policy Workshop, an immersive experience in Copenhagen, in partnership with the Canadian Institutes of Health Research. The workshop consisted of five days of engaging lectures, workshops and walking and cycling tours curated to delve into how transportation infrastructure and public spaces can foster inclusion and healthy lifestyles for all people.

Walk in Smaller Cities, Ontario Tech University, City of Oshawa, City Of Guelph, Wellington-Dufferin-Guelph Public Health, City of Brandon, City of Saskatoon, and to our hosts and speakers for a fantastic week. We look forward to the upcoming work and change in your communities!



Creating Parks and Public Spaces for All Ages & Identifying Placemaking Quick Wins, Alaska

Using the Park Audit Tool from our [Creating Parks & Public Spaces for People of All Ages Guide](#), we have audited two urban parks in both Anchorage and Juneau, Alaska. Park audits help us quantify and observe park usage, quality of infrastructure and potential for future investments.



[The Power Of Unconventional Funding](#)

In this blog, 8 80 Cities Project Manager Shannon Lawrence reflects on the impact and return on investment of [Ontario Community Changemakers](#), a program designed by 8 80 Cities and funded by Balsam Foundation. "One of the parts of the program that is so unique is that it is designed to create as few barriers as possible, both in the application process and requirements and in the individual project execution. We have seen from this model that our Changemakers are given the space to experiment, pilot, pivot and even "fail". While making community change, the [OCC program](#) is also about individual growth," says Shannon.

[Read the blog post...](#)

What We Are Reading



[Streets As Vital Spaces For Children](#)

A street becomes children's place when they can freely explore and utilize their imagination. Studies have consistently shown that most everyday play occurs on the street when children have some degree of free mobility within their neighbourhoods and permission to play out. From Amsterdam's playful Potgieterstraat to Barcelona's superblocs and Bristol's 'Playing Out' movement, Sudeshna Chatterjee is exploring how urban landscapes transform to be more child-friendly.

[Continue reading...](#)



[Men Hanging Out - Public Spaces Where Men Thrive](#)

Men's need for social connection is often overlooked, but social disconnection is a serious problem that leads to loneliness and various mental health issues. How can public spaces support social connection for men at a higher risk of depression and suicidal ideation in the U.S?

[Continue reading...](#)



Image credit: Depave Portland via Next City.

[These Cities Are Depaving For A Cooler Future](#)

Lucy Sherriff shares the story of [Depave](#), an organization based in Portland, Oregon, and how they have completed 75 "depaving" projects in various community spaces, such as schoolyards and churches, throughout Portland.

[Continue reading...](#)



[I Use A Wheelchair And I Want More Bike Lanes](#)

In this opinion piece on The Spinoff, EJ Barrett, a queer, disabled, solo parent of three based in Taranaki, New Zealand, addresses the need for cycling infrastructure to support not only those who prefer riding a bike rather than using a car but to also provide well planned, inclusive and accessible infrastructure to benefit all members of society, especially the marginalized. “As long as cycle infrastructure is done with accessibility in mind, such as maintaining disability parking spaces and avoiding steep inclines, implementing adequate cycle routes does not harm the disabled and chronically ill community”, she says while reflecting on the need to remove barriers and promote active transportation for all.

[Continue reading...](#)



Plaza de la Leña, Pontevedra. Image credit: David Andres Gutierrez via iStock.

[This Spanish City Has Been Restricting Cars For 24 Years](#)

Let's join David Zipper in his analysis of his recent visit to Pontevedra, the Spanish city that has been restricting cars since 1999, thanks to the vision of Mayor Miguel Anxo Fernandez and the "Fewer cars, more city" campaign. Here, we share the five lessons this car-free pioneer offers local officials elsewhere who might want to follow: 1. Car-free doesn't mean no cars; 2. Going car-free boosts road safety; 3. Going car-free can attract new residents; 4. Getting rid of cars can stimulate the local economy; and 5. Going car-free can be a political winner. Is your city up to the challenge?

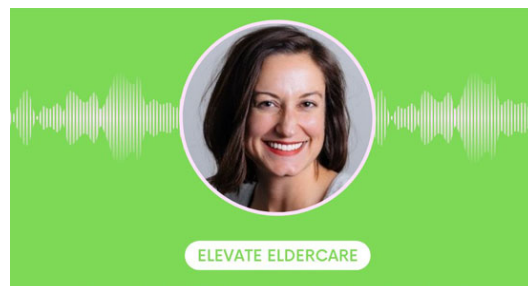
[Continue reading...](#)

What We Are Watching And Listening To



[Safer Parks: Improving Access For Women And Girls](#)

This webinar by World Urban Parks presents new research findings by the University of Leeds, which explored what women and girls



[Empowering Elders to Build Age-Friendly Communities](#)

The work of Laura Poskin and Age Friendly PGH (Age-Friendly Greater Pittsburgh) centers on the idea that what's suitable for elders is good for

park managers, design professionals and others can change park design and management to make them safer for women and girls.

[Watch the webinar recording...](#)

their big-picture plans, they deprive everyone of vital social opportunities.

[Tune in](#) and listen to this episode of the [Green House Podcast!](#)

Tools & Resources

[2023 Canadian City Parks Report. Surfacing Solutions: How addressing conflict and reframing challenges as opportunities can create more equitable and sustainable parks.](#)

[Cycling Equity Toolkit](#)

[How Neighbourhoods Affect The Health And Well-Being Of Older Americans](#)

[Gender Sensitive Urban Design Framework](#)

[Breaking the Code: Off-Street Parking Reform Lessons Learned](#)

Events & Announcements



Green Communities Canada and the fantastic schools, school board, and community partners that helped make healthy, active and safe School Streets possible.

If you plan to implement your own School Street but don't know where to start, check out our [School Streets Toolkit](#) to help you get started!

Applications open!

Are you 18-35 and passionate about green cities? Apply to join the AIPH Youth Award Jury!

Deadline - 29th September



[AIPH](#) is calling all young people from around the world! Have your say in building greener cities 🌿. Apply to join the Youth Jury for the AIPH Global Youth Award. Deadline: 29th September 2023. Apply [here](#).



Please join our friends at Eagle Spirits of the Great Waters Indigenous Arts & Cultures to celebrate culture, community and arts to honour the National Day for Truth and Reconciliation – Orange Shirt Day. Saturday, September 30 &

Visit eaglespirits.ca for more information. This event is free.

Cities For Everyone With Gil | The Webinar

Child-Friendly and Playful Cities

Register FREE at gpenalosa.ca
 Tuesday October 3rd
 11:00am-Noon EST / 5pm CET
 Bi-weekly Webinar Series

880 cities

CITIES FOR EVERYONE WITH GIL
The Webinar

Presentation by:

Dr. Sara Candiracci
Associate Director,
Global Leader Social
Value and Equity,
ARUP
Milan, Italy

Creator & Host:
Gil Penalosa
Founder & Chair:
Cities for Everyone
8 80 Cities

Connect with Gil: Penalosa_G | @Penalosa_G | penalosa_gil | www.gpenalosa.ca

Upcoming Sessions

October 3rd. Child-Friendly and Playful Cities. Guest: Dr Sara Candiracci, Associate Director at Arup – Cities. Milan, Italy. Register [here](#).

October 17th. Tactical Urbanism: Transform Your City, Today! Guest: Mike Lydon, Co-Founder/Principal, Street Plans. Brooklyn, New York, USA. Register [here](#).

Upcoming Volunteer Opportunity!

October 12 & 14

Join us on October 12 & 14 as we return to the Western Waterfront area for our

waterfront using simple and fun observational tools. This data will be used to better inform the Western Waterfront Master Plan Update and make the space even better for all users. You can sign up [here](#).

[Building Connected Communities Forum](#)



Our Executive Director, Amanda O'Rourke, will speak at Building Connected Communities Forum October 12 - 14, Boston, MA. Click [here](#) to join.

[19th International Conference on Urban Health](#)



The International Society of Urban Health's 19th International Conference on Urban Health will be November 6 - 9 in Atlanta. Learn from the most innovative urban health and equity experts from around the world and "Turn Evidence into

[At the Crossroads: Annual Convening on the State of Canada's Cities](#)



Join CUI and strategic partners from coast to coast to coast on November 30 in Ottawa to chart the next steps for urban Canada. Registration opens today to all participants. Location: Shaw Centre, Ottawa, ON, Thursday, November 30, 2023, all-day. This event will take place in both EN and FR .



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